

## Reader's Guide

1. What is the significance of the title, *The Storyteller's Throne*?
2. What are the central themes to this book? Where do these themes intersect in your own life?
3. Who are the main characters in this book? How do you relate to them?
4. How does Grace change from the beginning of the book to the end?
5. How does Kai change from the beginning of the book to the end?
6. How does the symbol of a spiral found on Anika's forehead play a role in this book?
7. What gifts were you given as a child? Did you nurture them or did you allow them to fall to the wayside?
8. How was your own childhood shaped by the fears of your parents or those who raised you?
9. What is Grace afraid of and how has it manifested in her life? How does Grace's anxiety manifest in her body? How does anxiety and worry manifest in your own body?

10. What is Kai afraid of and how has it manifested in his life?
11. What are you afraid of? How has it manifested in your own life?
12. How important is a compass of truth and why?
13. If the compass of Truth were an actual thing you could hold in your hand, what do you imagine it might look like?
14. Are there any stories that you needed to tell and no one listened, or believed you? What was the fallout, if any from that?
15. What's the difference between compassion and empathy?
16. What could Kai have done differently, if anything, to avoid drowning in other's feelings?
17. Have you ever felt that you had feelings that were not yours?
18. Why do you think Grace and Kai are so drawn to each other from the very beginning of their interactions?
19. Do you believe in fate, or do we have a hand in our own destiny?
20. Have you ever felt an epic and destined love?
21. As a teenager, did you hit any moment or event that felt like your rock bottom, If so, what do you think led up to it?

## THE STORYTELLER'S THRONE

22. If you split and had a shadow self, what would you name him/her?  
What would you choose as your outfit in the shadow world?
23. If you were in the shadow world and your shadow self had your alterheart what emotions would be inside of it? How do you imagine those emotions might look?
24. Have you ever lost a memory and then found it again?
25. Do you believe in magic? If Magic was tangible, what do you imagine it might look like?
26. Why does Grace feel a mother/daughter bond with Sen?
27. Have you ever felt like you straddled two worlds? Two ideals?
28. If Sen was to make you a cup of tea, what word would she give you in your cup? What word would you hope she gave you in your cup?
29. If you possessed the magic of childhood, what world would you create?
30. Where do you think people go who have committed suicide?
31. How do you judge others feelings, whether they have been acted on or not?  
are the means of manipulation in our own society?
32. Have you ever felt like you were being manipulated by fear? What

33. What emotional triggers do you have that could unlock feelings held deep inside?
34. How have you lived in your own middle road?
35. If you were a mother to a teenager in this book at this time, and you were an ally to the children of the heart, how would you parent your child?
36. Do you think there's any truth to the paradigm in the book of the world as it changes during Grace's lifetime?
37. Do you have a favorite story that changed your life or altered how you see things in your life?
38. If you could tell one person's story from beginning to end who's story would you tell?
39. What story does the world need to hear from Grace in order to change, in order to open to our hearts and not fear them?
40. When has pain been a blessing in your life?
41. Do you agree with Grace's decision to forget Kai back in her world?
42. If you knew that you had to forget the love of your life, would you play by the rules and design your instructions accordingly or would you allow for the chance to meet again regardless of the consequences?

## THE STORYTELLER'S THRONE

43. If Grace were alive in the here and now, what story do you think she would be telling?
44. What do you think will happen next?